



Equestrian Australia Vaulting Committee

Return to Equestrian Vaulting Under COVID-19

This document has been produced by the EAVC Covid Working Group following a request from the EAVC to provide guidance to Clubs and members as they return to competition amid Covid-19 considerations. The document is intended to provide basic recommendations to organising committees and clubs throughout Australia and serve as a foundation on which each club or organisation can build a safe and comprehensive COVID-19 Plan.

Club training and competitions have been adversely affected by COVID-19 throughout 2020, and while some clubs have continued active training, others have scaled back on training throughout the year. Most competitions and clinics have been cancelled as the equestrian vaulting community adjusted to sport under COVID-19.

In order to hold events where vaulters from separate regions and communities congregate together, there are both national and state regulations which apply. There are also different ways in which each state and each club has organised their training and events through this year.

The information contained in this document **MUST** be assessed in line with ongoing changes throughout the health and sporting bodies on both a national and state level. It is not appropriate to rely on this document as a comprehensive statement on conducting equestrian vaulting events in 2020 and 2021.

THIS DOCUMENT IS ONLY A GUIDE.

Current State and National Health Regulations must be followed in accordance with your individual State.

Guide for Return to Sport Equestrian Vaulting

National Regulations

Taken directly from SPORTAUS/AIS and The Australian Government Department of Health.

<https://www.sportaus.gov.au/return-to-sport>

<https://www.health.gov.au/resources/publications/coronavirus-covid-19-national-principles-for-the-resumption-of-sport-and-recreation-activities>

Overarching Strategies:



PLAN

Implementing plans, processes, and systems to meet government and health requirements, and provide safe sport environments.



PREPARE

Ensuring safe facility and participant practices, like hygiene practices, attendance registers at training and limiting shared equipment as much as possible.



RESPOND

Being prepared for management of a COVID-19 outbreak, noting things can change quickly in your local area.



RECOVER

Consideration of protocols to optimise good public and participant health into the future.

Preparing for an Event:

- a) Undertake a thorough risk assessment.
- b) Complete a Covid-19 Checklist
- c) Plan ways to reduce in-person contact for participants and volunteers.
- d) Plan for more official and volunteer absences.
- e) Find a space where you can isolate volunteers or participants who become sick.
- f) Tell volunteers and participants what you are doing to stop the spread of COVID-1.

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Restrictions on Participation:

People should not participate in community sport if they:

- a) have any cold or flu-like symptoms, even if mild
- b) have travelled overseas or been in close-contact to a person with COVID-19 in the preceding 14 days
- c) are at a greater risk of more serious illness if infected with coronavirus, including:
 - people aged 70 years and over
 - people aged 65 years and over with chronic medical conditions
 - Aboriginal and Torres Strait Islander people over the age of 50
 - people with compromised immune systems.

Attendance Numbers at Events:

Most states have relaxed their attendance numbers at events, however it is recommended to have only essential people at activities. This includes:

- a) athletes
- b) coaches
- c) officials
- d) direct family
- e) volunteers

Social Distancing:

- a) Change protocols so athletes are grouped and restrict activities with other clubs and groups.
- b) When watching or attending a competition or training, keep 1.5 metres between yourself and others.
- c) Restrict access to stable areas to athletes, officials, and essential staff.

Hygiene:

- a) Team members and trainers should practise good hand hygiene at the start and end of training sessions and during the activity when possible. Use soap and water to wash hands when they are visibly dirty or use alcohol-based hand sanitiser.
- b) Clean facilities, high-touch surfaces and objects with detergent and disinfectant. Follow the manufacturer's directions on the label of the product.
- c) Clean sports equipment with a detergent and disinfectant as per manufacturer's instructions or a combined detergent and disinfectant product including wipes.
- d) Encourage regular hand washing by staff and participants.
- e) Provide alcohol-based hand sanitiser dispensers in prominent places around the event including registration desks, change rooms, toilets or kiosks.
- f) Make sure soap/sanitiser dispensers are kept full.

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Catering:

Whilst it may be preferred to ask people to provide their own meals, if you are considering catering ensure routine cleaning after every training session used:

- a) BBQ areas
- b) Recreational areas
- c) Coaching areas
- d) Change rooms/locker rooms/showers
- e) Dining rooms, cafes, retail outlets

This Document can be found on the Equestrian Vaulting Australia website at <https://www.equestrianvaultingaustralia.com.au/>

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Appendix 1: State Vaulting under COVID in 2020

Restrictions and rules around sport during COVID-19 have varied dramatically between states.

South Australia

- a) Clinics have been held to help get everyone back into the swing of things
- b) First one was a Compulsories Clinic with scores as feedback
- c) For our Freestyle clinic the focus was on artistic scoring. The feedback from both clinics proving invaluable
- d) Christmas celebration will be a Barrel fun day
- e) A record is kept of everyone attending
- f) SA has an online Covid-19 Marshall course and this has been in place at vaulting meets
- g) Anyone feeling sick – stay home
- h) Hand sanitiser supplied
- i) Gear cleaned down between sessions

Western Australia

- a) Vaulting is finding its way back in WA through RDA and Interschools
- b) WA Pony club is also working with Vaulting on a competency certification

New South Wales

- a) Working on a COVID-19 Safety Plan
- b) Investigating Covid Marshall position following success in SA
- c) Kerrabee Online Barrel Comp 17 October
- d) Christmas Competition at Evans Park on 14th and 15th November. First live competition being run by SVG.
- e) Lungeing clinic is planned for December

Queensland

- a) Back to Vaulting, Lungeing and Training Day, with hosted by Vaulting Qld & Fassifern.

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