



ENSW Recovery Project Funding Clinic

Evans Park

13th & 14th February 2021

Participants to VNSW's first Lunging Clinic for 2021 were very fortunate to have Sarah Venamore as their coach for the weekend. Sarah has a long association with vaulting as a coach, lunger and judge along with her extensive background as general riding, dressage and Pony Club coach. The committee was able to bring Sarah up from Wagga Wagga with the grant provided by the Equestrian NSW and NSW Office of Sport COVID -19 Recovery Project Funding program.

Sarah covered many topics over the 2 days, including workshops on dressage terms, lunging plans and understanding the new horse score. The horse sessions were ridden group lessons, semiprivate lunge lessons and groundwork. Sarah catered to all participants' skill levels and easily coached different skill levels in group sessions with unflappable professionalism.



1 group riding lesson with Sarah



2 individual lunging lessons



3 young horses receiving great exposure



5 Emma demonstrating correct bandage technique

VNSW was also very lucky to have Emma Hale for Turn Out/ Grooming sessions on the Saturday of the clinic. Emma has groomed in Europe and at WEG and her sessions were informative, highly engaging and thoroughly enjoyable. Emma was also very generous with her extensive grooming knowledge. The sessions included general grooming, mane and tail care, turnout prep including plaiting, quarter marks, bandaging and trimming. Participants also received a bag of supplies as part of the sessions.

4 grooming show bags for every participant



6 mane pulling without the pulling!



The clinic was fully booked, with 8 horses & approximately 30 people participating. This is the maximum number possible due to the individual lunging lessons, but it must be remembered that each horse represents a group of vaulters. The number of participants was managed as per the VNSW COVID Risk Management plan and Risk Assessment and the Evans Park COVID policies.



7 Robyn Bruderer, our COVID Marshall, in action

VNSW had a COVID Marshall in attendance at all times, ensuring that all participants signed in, registered with the QR Code, and were present on the participants' list. The marshal did an excellent job of ensuring the number of people in the enclosed areas did not exceed the maximum number allowed and that social distancing was adhered to.

VNSW wishes to thank the coaches, Sarah & Emma, for their time and expertise, Evans Park for a beautiful and well-run facility and very helpful staff member Kelly Mulder. A big thankyou to all the participants & their horses and the VNSW committee for organising the Lungers Clinic.

